

4.Coach the person rather than just the sport

1. Show interest in and respect for each participant and others



3. Learn and use participants names

2. Smile and make eye contact with each participant



4: check for understanding before they go for practise

1: position so all can see and hear



3: provide demo more than once from different angles

2: provide correct demo then focus attention on 1-3 key points



4: check if the activity is working

1: one point at a time, head, hands (Hurley) and feet



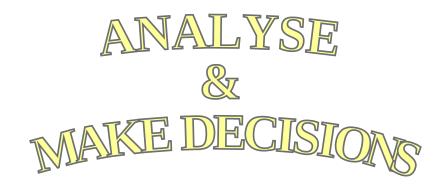
3: Observe each participant several times

2: Observe each participant from different angles



4: decide whether to reinforce, modify or note but take no immediate action

1: compare your observation with your picture of good practise



3: identify the mismatching key points 2: identify the matching key points



4: use questions to check for the players' understanding

1: plan what to say



3: keep it simple

2: gain attention before starting



4: check for understanding: 'what will you now do?'

1: ask 'what did you notice about...' to promote self-analysis first



3: give specific, simple information in a positive way

2: limit information to 1-3 key points